

REMÈDE®

SPA

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SPA

BAHIA BEACH + PUERTO RICO
(787) 809-8019



REMÈDE®

SPA



ST REGIS

BAHIA BEACH • PUERTO RICO

ATLANTA	ASPEN	BAHIA BEACH	BALI	DEER VALLEY
MEXICO CITY	NEW YORK	PUNTA MITA	SAN FRANCISCO	SINGAPORE



REMÈDE SPA AT THE ST. REGIS RESORT, BAHIA BEACH + PUERTO RICO

SPA MENU

REMÈDE SPA

Remède Spa is committed to creating an exceptional experience for each guest. From champagne, to luxurious throws and customized treatments, our goal is to surpass all expectations and to help you escape to a sanctuary of indulgence and relaxation. Our staff is dedicated to ensuring that your spa experience is spectacular.

CUSTOMIZATION

Remède Spa recognizes each guest, each face, each body is unique. We customize each treatment to meet your individual needs and to deliver the benefits you seek. No luxury is spared in our quest to create unparalleled results and experiences.

BAHIA BEACH SIGNATURE SELECTIONS

For guests who desire locale-inspired experiences, Remède Spa offers an exclusive selection of treatments featuring techniques and ingredients inspired by Puerto Rico's unique traditions. Each signature treatment has been carefully designed with indigenous and cultural influence using organic native ingredients such as coconut and sugar cane. In the tradition of "Fiestas Patronales," each service is inspired by Queen Loiza herself, in honor of the diversity of the African, Taino Indian and Spanish heritage that now comprise the exotic and colorful Puerto Rican culture.



SKINCARE

THE REMÈDE CUSTOMIZED FACIAL

After a one-on-one consultation and skin analysis, your Remède Spa esthetician will design a facial to address your individual needs, from reducing fine lines, to recuperating from a long flight, to addressing acne-prone skin. With a focus on anti-aging, the Remède Customized Facial includes a thorough cleansing, exfoliation, extractions, face massage, mask, oxygen treatment, moisturizing and UV protection. Each facial is made complete with a warm paraffin pack, foot and scalp massages, and eye and lip treatments.

90 minutes - \$275

60 minutes - \$185

30 minutes* - \$95

*Does not include extractions or the oxygen treatment.



SIGNATURE SKINCARE

THE BAHIA BEACH ORGANIC FACIAL

This refined facial treatment will harmonize the signs of aging and invigorate your skin with powerful and effective botanical antioxidants. A facial customized for your individual needs, it will incorporate nature's healing fruits and herbs to neutralize and correct your skin. A blend of pure ingredients will invigorate your skin while our expert estheticians will tone your facial muscles through a gentle, massage that increases circulation. Rich serums, alluring moisturizers, and luscious eye creams will complete this restorative and indulgent facial.

60 minutes - \$185

CEMI GODS REJUVENATING FACIAL

Based on mineral-rich native mud and its nourishing and rejuvenating properties, this facial is pure holiness. An enzymatic exfoliation of ruby crystal serum smoothes and stimulates the complexion, creating instant radiance, blurring fine lines and minimizing the appearance of imperfections. Sea mayweed is used to relax facial muscles and smooth expression lines and wrinkles. An indigenous rose water facial massage rejuvenates the complexion, while arms and hands are exfoliated and massaged using sugar cane and coconut oils enriched with vitamins A, C and E. Your renewed, refined skin tone will leave you feeling like the cherished god or goddess you are.

60 minutes - \$195

CACIQUE'S LIGHTENING AND BRIGHTENING FACIAL

Designed with the noblest Caciques in mind, this ultra luxe facial will leave the complexion polished and glowing. It begins with a foaming two-phase peel, combining a blue copper paste and a lactic acid activator. The peel refines and smoothes the complexion, deeply cleansing the skin and encouraging collagen production for an immediately hydrated, illuminated and softened appearance. A lymphatic facial massage soothes the senses and accelerates microcirculation, while a rose and sage scented mask plumps the epidermis to reduce the appearance of fine lines and wrinkles.

90 minutes - \$285



MASSAGE

THE REMÈDE CUSTOMIZED MESSAGE

Whether you seek relief for overexerted muscles, or simply want to let your mind and body escape reality, your Remède Spa technician will customize your massage using specialty products including aromatherapy blends, warm paraffin and will borrow from a variety of techniques to achieve ultimate relaxation and rejuvenation.

90 minutes - \$260

60 minutes - \$175

30 minutes - \$95 (paraffin not included)

COUPLES MASSAGE

Create a private sanctuary together as you indulge in a Remède Customized Massage side by side in your own treatment villa.

90 Minutes - \$520

60 Minutes* - \$350

*Please inquire with a spa associate at time of reservation about pricing if you wish to reserve additional time in our couples villa.

PRE-NATAL HARMONY

This special harmonious massage is designed to indulge the expectant mother to be. This treatment includes warm stress relieving oil with essence of sweet almond and jojoba, which is very nourishing and assists with skin elasticity. This treatment is designed to ease and calm and relieve stress for optimal relaxation during this special time.

*90 Minutes - \$260 (available for guests in their second or third trimester)

*60 Minutes - \$175 (available for guests in their second or third trimester)

MASSAGE AT YOUR DOOR*

Enjoy a Remède Customized Massage in the comfort of your room.

90 Minutes - During Spa Hours - \$360

After Spa Hours - \$460

60 Minutes - During Spa Hours - \$240

After Spa Hours - \$340

*Please inquire about availability of in-room massage services with the Remède Spa reservationists.



SIGNATURE MASSAGE

TAINO WARM NATIVE STONE RITUAL

Heated native obsidian stones are used to revive fatigued muscles and rebalance the body, while combining a soothing relaxation massage.

90 minutes - \$260

ENCANTO RUM MASSAGE

Rum Lovers delight. This unique massage, created by utilizing a special blend of massage oil combined with the indigenous "Isla del Encanto" rum. This treatment begins with a foot polish followed by a full-body relaxation massage which will focus on specific target areas to relax and revive body and soul.

60 Minutes - \$185

90 Minutes - \$275

BAHIA REFLEXOLOGY

Reminiscent of a Taino Indian ritual, this foot treatment begins with a stimulating warm salt scrub that gently buffs, followed by a coconut extract moisturizing cream for re-hydration. Afterwards, a 25 minute session of reflexology relieves tired soles and soothes tension.

45 Minutes - \$135

BEACH SIDE MASSAGE*

Whether you're looking for a special candlelit evening or the quiet stillness of the early morning, you'll experience the tranquility of our elegant sandy beaches and cool ocean breezes with this custom 60- or 90- minute massage in a beachside cabana.

90 Minutes - During Spa Hours - \$360

After Spa Hours - \$460

60 Minutes - During Spa Hours - \$240

After Spa Hours - \$340

*Please inquire about availability of outdoor massage services with the Remède Spa reservationists. This service is subject to weather conditions.



REMÈDE SPA

BODY TREATMENTS

THE REMÈDE CUSTOMIZED BODY TREATMENTS

Wonderful alternatives to the Remede Customized Massage, our Remede Customized Body Treatments are designed to relax, hydrate and improve the overall appearance of your skin.

THE REMÈDE CUSTOMIZED BODY POLISH

Improve skin texture and appearance with a selection of rich body polishes to gently resurface your skin. After exfoliation, an indulgent warm Vichy shower will awaken the senses and prepare the body for an application of vitamin-rich emulsion that leaves skin incredibly soft and luminous.

60 minutes - \$180

THE REMÈDE CUSTOMIZED WRAP

Whether you seek deep cleansing, nourishing or revitalizing benefits, your Remede Spa Therapist will customize a body wrap to meet your individual needs. Select from a mineral rich seaweed wrap to detoxify, or a warm mud wrap featuring marine extracts to purify, soothe, and improve skin tone. This treatment concludes with a moisture application leaving skin feeling noticeably softer and optimally moisturized.

60 minutes - \$180

AFTER-SUN REPRIEVE

Comfort dry and sunburned skin with this calming treatment that promises to soothe sun irritation and replenish a fatigued body. A cooling emulsion will alleviate the sting from the Puerto Rican sun, while a hydrating wrap restores moisture and quenches dry, sun-sapped skin. The treatment concludes with an application of healing, nourishing, antioxidant body cream for a soft and luminous finish

30 minutes - \$95



REMÈDE SPA

SIGNATURE BODY TREATMENTS

QUEEN LOIZA'S ROYAL TREATMENT

This Royal Treatment recreates the luxurious journey of a true Borinquen Queen. The experience begins with a golden sugar scrub that envelops the body, repairs sun damage, and promotes elasticity to give skin a supple firmness. This luxurious scrub is followed by a warm, tranquil Vichy shower massage. Your treatment professional will then target and treat specific areas to assist in reducing the appearance of cellulite and enhancing circulation. The journey concludes with a 24-karat gold shimmer oil massage granting the skin a luminous glow while improving hydration and boosting collagen production.

90 minutes - \$285

THE BAHIA BEACH ORGANIC RITUAL

This service features a selection of body scrubs made with ingredients that are inspired by our "El Yunque Rain forest" for a truly organic experience. After exfoliation, an indulgent warm Vichy shower will awaken your senses and prepare your body for an application of vitamin-rich emulsion that leaves the skin incredibly soft and luminous.

60 minutes ritual (30 min. scrub/30 min massage)- \$180
30 minutes ritual (scrub only)- \$95

BORINQUEN COFFEE POLISH

Exceptional quality coffee has been a long tradition in Puerto Rico. This indigenous polish has an invigorating aroma that will awaken your senses by incorporating a wonderful organic combination of coffee and cocoa butter that will improve skin texture, increase circulation and skin firmness. This is followed by a warm Vichy shower and the journey concludes with a Shea butter moisturizer application that helps repair cellular degeneration.

60 minutes - \$180



THE REMÈDE MAN

THE REMÈDE CUSTOMIZED MEN'S FACIAL

An extension of the Remède Customized Facial, this treatment addresses the specific skincare needs of men, with close attention paid to Ingrown hairs and uneven skin tone caused by sun damage, stress and travel. Includes a thorough cleansing, exfoliation, extractions, face massage, mask, moisturizing and UV protection, as well as a warm paraffin pack, foot and scalp massages, and eye and lip treatments.

90 minutes - \$275

60 minutes - \$185

30 minutes* - \$95

*Does not include extractions.

GENTLEMAN'S DELUXE PACKAGE

The following services are recommended for male guests seeking a complete Remède Spa experience.

- The Remède Customized Facial
- The Remède Customized Massage
- The Remède Manicure
- The Remède Pedicure
- Light Lunch (choose from our spa menu)

3.75 Hours - \$495



SALON SERVICES

THE EXPRESS MANICURE / NAIL REPAIR

For the guest on the go, this treatment includes, nail shaping, cuticle care and expert polish application.

20 minutes - \$35

THE REMÈDE MANICURE

A classic manicure including nail shaping, cuticle care, paraffin mask, relaxing hand massage and expert polish application.

30 minutes - \$50

THE REMÈDE PEDICURE

A classic pedicure including buffing, nail shaping, cuticle care, exfoliation, paraffin mask, relaxing massage and expert polish application.

45 minutes - \$75

ROYAL BAHIA MANICURE

This Royal Manicure commences with a micro-exfoliating treatment containing vitamin C and a white pepper extract known for stimulating microcirculation and promoting a healthy “golden” glow. The treatment incorporates all of the elements of the classic Remède Manicure, while also helping to eliminate dead skin cells, refine skin texture and reduce the appearance of sun spots.

45 minutes - \$65



ROYAL BAHIA PEDICURE

A pedicure fit for the royal family itself, this luxurious treatment includes all the elements of a classic Remède pedicure, plus a scrub of Ylang Ylang, gold particles and cane sugar, and a stimulating pineapple enzyme mask to smooth and moisturize dehydrated feet.

60 minutes - \$90

FRENCH MANICURE

The classic manicure with a French polish.

45 minutes - \$60

FRENCH PEDICURE

The classic pedicure with a French polish.

45 minutes - \$85

BAHIA TEEN MANICURE

This treatment includes, hand massage, nail shaping, cuticle care, and expert polish application. A delicious ice cream bar will be serve upon request.

20 minutes - \$35

BAHIA TEEN PEDICURE

This treatment includes, feet massage, nail shaping, cuticle care, and expert polish application. A delicious ice cream bar will be serve upon request.

30 minutes - \$50

ADD ONS

Paraffin - \$10

Scrub, peel, or mask - \$15

Heel repairing - \$25

Nail art - \$10-15

Shellac Hands - \$30

Shellac Feet - \$40

Shellac removal - \$20

Polish change- hands - \$20

Polish change- feet - \$30

Nail Repair - \$25



HAIR SERVICES

Men's Haircut- \$55
Shampoo/Blowout Short - \$60
Shampoo/Blowout Medium/Long - \$80
Up-do Style - \$65 and up
Bridal Up-do Style - \$100 and up
Make-Up Application - \$95
In Room Make up Application - \$125

ADD ONS

Eye Lashes Application - \$30
Flat Iron - \$15
Curls - \$20

*In room hair services available for a additional \$70 fee

WAX

Remede spa uses a gentle, aromatherapeutic wax for fast and effective hair removal.

FACIAL WAX

Lip or Chin \$20
Cheeks \$25
Brow \$35
Ear \$20

BODY WAX

Full Arm \$50
Half Arm \$40
Underarm \$35
Full Leg \$100
Upper Leg \$65
Lower Leg \$45
Brazilian Bikini \$125
Basic Bikini \$75
Chest \$75
Stomach \$35
Back \$75
Half Back \$45



SPA PACKAGES

REMÈDE SPA PACKAGES

Each Remède Customized or Signature Treatments included in the following packages reflects a 60 minute treatment.

REMÈDE SPA SANCTUARY

Allow Remède Spa to indulge you in a day of decadence. After a series of treatments customized to your preferences and a gourmet light lunch, you will leave feeling as though you escaped to the islands for the day, a magical departure from reality that leaves you feeling rejuvenated.

- The Remède Customized Facial
- The Remède Customized Massage
- The Remède Customized Body Polish
- The Remède Manicure
- The Remède Pedicure
- Light Lunch (choose from our spa menu)

4.5 Hours - \$650

TRAVELER'S ALLEVIATION

Relieve your tired soul after a long day of travel. This package is sure to revive and de-stress anyone in need of ultimate relaxation.

- The Bahia Beach Organic Ritual
- The Remède Customized Massage
- Royal Bahia Pedicure

3 Hours - \$390



REMÈDE SPA ESCAPE

Escape to Remède Spa for a morning or an afternoon of indulgence. Remède Spa technicians will restore your vitality from head to toe in just a few hours.

- The Remède Customized Body Polish
- The Remède Customized Massage
- The Remède Manicure

2.5 Hours - \$365

EXPLORER'S RELIEF

Whether you are snorkeling reefs, exploring El Yunque National Forest, or have spent a long day riding the surf these treatments will relieve your muscles and restore you to a calm state of peace.

- Tiano Warm Native Stone Ritual
- Bahia Reflexology

2.15 Hours - \$355

RESORT READY

The perfect rescue to get you and your body ready for a relaxing getaway.

- Queen Loiza's Royal Treatment
- Remède Customized Facial
- Remède Pedicure

3.5 Hours - \$490



COUPLES REPRIEVE

REMÈDE SPA SHARED INDULGENCE*

Share the Remède Spa experience and allow our technicians to create an extraordinary escape for two in our private couples massage villa.

- The Remède Customized Couples' Massage
- The Remède Customized Couples' Facial

2 Hours - \$650

HONEYMOON STILLNESS RETREAT*

This retreat enhances the experience of two souls becoming one by bringing balance and harmony to the celebration of new beginnings. The therapist will create a delightful and custom massage with an exotic frangipani oil, followed with a custom scrub that will enamour all your senses.

- Scrub for Two
- Couples Massage
- Light Lunch (choose from our spa menu)

3 Hours - \$780

*Please inquire with a spa associate at time of reservation about pricing if you wish to reserve additional time in our couples villa.



SUNSET BEACHSIDE SANCTUARY

Bahia Beachside is the perfect sanctuary for any romantic getaway whether it is a honeymoon getaway or an exclusive retreat for two. This luxe package includes a preset 3 course seasonal menu featuring local flavors hand-picked by our executive chef and beachfront set up accommodations.

- Couples Beachside Massage*
- Candlelit Dinner Beachside *

60 minute massage - \$975

90 minute massage - \$1125

*This service is subject to weather conditions. Alcoholic Beverages, Tax, and Gratuity are not included in package rate. Special request can be added for an additional fee.



WELLNESS SELECTION* **

YOGA

60 minute - Private Session - \$175

PILATES

60 minute - Private Session - \$175

CUSTOM PERSONAL FITNESS TRAINING SESSION

A customized session focusing on personalized training needs and desired result.

60 minute - Private Session - \$150

BEACH BOOTCAMP

A high intensity workout to help you build strength, increase energy, burn fat and have fun while using the island's stunning nature as a gym.

60 minute - Private Session - \$150

MEDITATION

A customized session of meditation to give one peace of mind and bring one to a deeper state of relaxation.

60 minute Session - \$150

*All wellness services above can be provided beachside, please inquire with your spa concierge for availability and pricing.

**Additional attendees will be charged \$65.00 per person.

SPA GUIDELINES

- We are open seven days a week: Monday through Sunday from 10:00 am to 8:00 pm (last appointment at 6:45 pm). Remède Spa at the St. Regis Resort, Bahia Beach is open to the public. Please inquire with the spa receptionist for information on treatment reservations, including availability of in-room spa services.
- We highly recommend that you schedule your spa treatments in advance; however we will try our best to accommodate walk-ins.
- Create a private sanctuary together as you indulge in one of our spa services side by side in your own Remède Couple's Suite. An additional fee applies for the use of the Remède Couple's Suite for single occupancy.
- Our talented therapists are male and female; they are all well trained and highly professional. Unless you state your preference, bookings are scheduled with the first available spa therapist.
- Spa Gift Certificates make the perfect gift for loved ones, friends, co-workers, employees, clients, and anyone else with whom you would like to share the Remède Spa, Bahia Beach experience.
- Before your massage begins, kindly inform your spa therapist of areas to be avoided. During your massage, please let your therapist know if you feel any discomfort or the pressure you prefer.
- For your comfort and privacy, throughout any of your treatments, non-treated areas will be appropriately draped with a sheet.
- Please help us to sustain the benefits of your own experience and to respect the comfort and tranquility of others by upholding a tranquil environment and switching off your cellular phone for the duration of your visit to Remède Spa, Bahia Beach.
- Guests of Remède Spa must be at least 16 years of age. Nail services are available for patrons under the age of 16, when accompanied by an adult.
- Remède Spa is a non-smoking environment.
- Cell phone use is prohibited on spa premises and all cellular devices should be turned off prior to entering spa reception.
- Remède Spa is not responsible for any lost or stolen items.

ARRIVAL PROCEDURES

We recommend that you arrive at Remède Spa at least 30 minutes prior to your scheduled appointment time so that you can enjoy the optimal spa experience. We also recommend showering prior to your service in order to receive maximum treatment benefit. Please note that should you arrive late for your treatment, your technician may have to shorten the duration of your service to avoid inconveniencing other guests. Full rates would still apply in this instance.

CANCELLATION POLICY

Should you need to cancel your appointment, we require notification 24 hours in advance. Full payment is required should cancellations be received after this time.

GRATUITY

This amount is based on your service satisfaction, please notify a front desk attendant upon checkout. Envelopes are provided at the front desk should you wish to leave a cash gratuity.

TAKING YOUR EXPERIENCE BACK HOME

Well-respected ranges of luxurious and high-quality skincare products by Laboratoire Remède are available for the first time in Puerto Rico exclusively at Remède Spa, Bahia Beach.

Our spa therapists will recommend the perfect products to prolong your Remède Spa experience.

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